

FRUITY NOSTROLLS



Hairy Nostroll comes from a long line of cave-dwelling creatures, scattered all over the globe. Hailing from the Isle of Fright, his fruity cousins are a surprisingly sweet bunch.



Each apple makes 4 nostrolls

YOU'LL NEED

- 2 red apples, cut into quarters with the seedy bit sliced out
- Peanut butter, or a nut-free alternative like sunflower butter.
- Sunflower seeds
- 2–3 strawberries, sliced
- 1 packet of edible googly eyes

• MAKE THE NOSTROLLS

1. Carefully cut a chunk out of the skin side of the apple to make a mouth.
2. Spread a thin layer of the butter inside the mouth and poke sunflower seeds in for teeth.
3. Add a slice of strawberry for a tongue.
4. Use a dot of butter to stick on the eyes – add one, two, three or more for a truly monstrous snack.

THE EYES HAVE IT

If you can't find edible googly eyes, use chocolate chips instead.